

# The Royal Treatment Cottage

THE KING AND PRINCE BEACH & GOLF RESORT

## MASSAGE TREATMENTS

### CUSTOM COTTAGE MASSAGE

60 MINUTES: \$95; 90 MINUTES: \$142

A fusion of massage techniques tuned to your specific needs that induce relaxation, stimulate circulation and soothe tight muscles.

### SWEDISH MASSAGE

60 MINUTES: \$95; 90 MINUTES: \$142

Promotes a feeling of deep relaxation with traditional Swedish techniques of effleurage and petrissage.

### THERAPEUTIC MASSAGE

60 MINUTES: \$105; 90 MINUTES: \$160

Provides relief from acute or chronic patterns of tension, aches and pains using deeper pressure and muscle specific techniques. Recommended for those who regularly receive massages and desire intense body work.

### SPORTS-SPECIFIC MASSAGE

60 MINUTES: \$95; 90 MINUTES: \$142

A combination of techniques to release tense muscles and jump start the healing process so you are ready for your next activity.

### AROMATHERAPY MASSAGE

60 MINUTES: \$100; 90 MINUTES: \$150

The ultimate in healthy pleasure combining the best of Swedish massage with the traditional practice of herbal medicine. This session begins with an inhalation of natural oils selected to meet your needs and which are then used throughout your massage session.

### REFLEXOLOGY

60 MINUTES: \$95

A pressure point foot treatment with whole-body benefits. The reflex points in the feet mirror individual organs and parts of the body. By applying pressure, stretching and movement the reflexologist can break up patterns of stress in other parts of the body and promote relaxation. Wear loose, comfortable clothing.

### FOCUSED AREA MASSAGE

30 MINUTES: \$50

Efficiently concentrates on areas of stored tension in the head, neck and shoulders.

## SIDE-BY-SIDE MASSAGE

60 MINUTES: \$190; 90 MINUTES: \$285

A great way to share time together with a massage. Couples, friends, mother/daughter and father/son can enjoy the 60 or 90 minute Custom Cottage Massage in our Massage-for-Two suite.

## GROUP GATHERINGS IN THE COTTAGE

We look forward to hosting your group and can provide you with group treatment ideas, times and costs. Please call 912.638.3631, extension 5690 for information on group services.

We customize events for adults and Young Adults. Join us for your next birthday, anniversary, wedding shower, baby shower, graduation or day out with friends.



# ENHANCING YOUR EXPERIENCE

### **Appointment Scheduling**

Please call us as far in advance as possible to ensure availability of your requested service or therapist. We will help you plan your personalized experience.

Based on availability, we will do our best to accommodate special requests. Please make your therapist preferences known at the time of booking your appointment.

### **Cottage Admission**

Treatments are available to guests age 18 and over. Guests 12–17 years of age may engage in our specifically designed Young Adult services. We require that all Young Adults be accompanied by a parent or adult.

### **Special Considerations**

Should you have special considerations or concerns, please notify us when booking your treatments. Let us know of blood pressure, allergies or any other physical ailments or disabilities, or if you are pregnant. For your safety and well-being we highly discourage alcohol consumption prior to massage treatments.

### **Your Personal Preferences**

We invite you to discuss any of your preferences or special needs with our staff prior to your visit. This will help us better prepare to make your massage treatment experience exceptional. During your treatment, please communicate with your therapist regarding your preferences for room temperature, music selection, pressure and technique to ensure your overall comfort.

### **Arrival Time**

Enhance the effectiveness of your scheduled treatments by first unwinding in The Royal Treatment Cottage relaxation lounge. We invite you to arrive 30 minutes prior to your scheduled treatment to check in

and relax. We suggest that you shower before arrival. The beneficial oils used in our treatments are best absorbed through clean skin.

Please note that treatments begin and end at the time scheduled. To ensure that all guests receive their full treatment, late arrivals will end at the scheduled time of the treatment.

### **Cottage Attire**

Arrive as you wish. A robe, sandals and a tote for personal belongings will be provided upon your arrival. You will be professionally draped during your treatment to ensure modesty and comfort.

### **Drink Plenty of Water**

Please drink plenty of water (at least two glasses of water per each hour of treatment) to help your body process the effects of your treatment.

### **Jewelry and Valuables**

Please do not bring jewelry or other valuables to the Cottage. We are not responsible for valuables that are lost or left at the Cottage.

### **Consideration for Others**

To preserve our tranquil environment and to ensure an enjoyable experience for all guests, The Royal Treatment Cottage is a pager-, cell phone- and smoke-free environment.

### **Re-Scheduling or Canceling an Appointment**

Because your services are reserved especially for you, you must notify us by 4:00 p.m. the day prior to your scheduled appointment to re-schedule or cancel appointments. The full value of the service or package will be charged for re-scheduling or cancellations made after 4:00 p.m. the day before the appointment.

### **Cottage Lunch**

If you would like to enjoy a light lunch at the cottage along with your massage treatment, our select menu is available through the Concierge Desk or the Cottage's attendant. Please make advance arrangements.

### **Gift Certificates**

An ideal year-round gift for any occasion. Gift Certificates are available for specific dollar amounts. Inquire at the Concierge Desk.



Services at The Royal Treatment Cottage are available on an advanced reservations basis only.

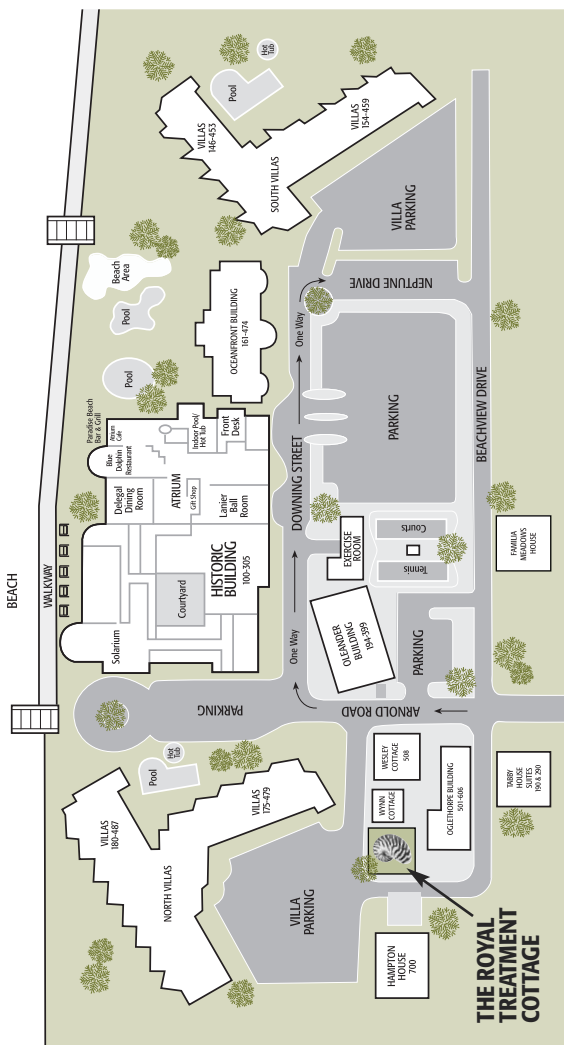
Treatment appointment times are available daily from 9:00 a.m. to 6:00 p.m.

Appointments are subject to schedule availability.

For reservations and other information please contact The Royal Treatment Cottage at 912.638.3631, extension 5690.

In room, dial extension 5690.

**See backside for Resort Map showing the location of The Royal Treatment Cottage.**



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Treatment  
Cottage

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BEACH & GOLF RESORT

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